

जोड़ बाय ३३९-५०
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OFFICE OF THE DIRECTOR GENERAL OF POLICE, RAJASTHAN,
JAIPUR.

No: -N-5(39)Police-Force/Const/84/3126

dated the 2/6/1986

Standing Order No. 5/86

Subject: Physical Efficiency Test for
recruitment of constables for
various sections of Police
(AP/CP & RAC) under Rajasthan
Police Subordinate Service Rules,
1974.

In exercise of the powers vested with the
undersigned under Rule 22(2) of the Rajasthan Police
Subordinate Service Rules, 1974, the following
(a) Physical Efficiency Tests (b) Aptitude Test and
Interview are prescribed for the direct recruitment
of the Constables in AP/CP/RAC and Wireless.

(a) Physical Efficiency Tests , Total Marks-100

Note:-(i) Minimum Pass Marks in all events taken
together are 36% for the general
candidates and 33% for the candidates
belonging to SC/ST.

(ii) All events carry 20 marks each.

BATTERY 'A' (For Men)

S.No.	Events	Scale Marks	Scoring Table		
			One Star	Two Star	Three Star
1.	100 meters run	<u>Time in seconds</u> Marks	<u>15.5</u> 7	<u>14</u> 12	<u>13</u> 20 or less
2.	Long Jump	<u>Distance in</u> <u>meters</u> Marks	<u>3.50</u> 7	<u>4.20</u> 12	<u>4.85</u> 20 or less
3.	Shotput (5.45kg.)	<u>Distance in</u> <u>meters</u> Marks	<u>5.50</u> 7	<u>7.00</u> 12	<u>8.50</u> 20 or more
4.	High Jump	<u>Distance in</u> <u>meters</u> Marks	<u>1.10</u> 7	<u>1.30</u> 12	<u>1.45</u> 20 or more
5.	800 meters run	<u>Time in minutes</u> Marks	<u>3.20.0</u> 7	<u>2.50.0</u> 12	<u>2.30.0</u> 20 or less

BATTERY 'B' (For Ladies)

S.No.	Events	Scale marks	Scoring table		
			One Star	Two Star	Three Star
1.	100 meters run	<u>Time in seconds</u> Marks	<u>17.0</u> 7	<u>16.0</u> 12	<u>15</u> or less 20
2.	Long Jump	<u>Distance in meters</u> Marks	3 7	3.50 12	4.00 or more 20
3.	Shotput (4 Kg.)	<u>Distance in meters</u> Marks	4.25 7	5.25 12	6.25 " 20
4.	High Jump	<u>Distance in meters</u> Marks	1 7	1.10 12	1.20 " 20
5.	200 meters run	<u>Time in minutes</u> Marks	<u>38.00</u> 7	<u>35.00</u> 12	<u>32.00</u> or less 20

Note:- If the performance of the candidate falls between One Star and Two Star or Two Star and Three Star, marks shall be awarded on the basis of nearer performance i.e. if the difference between the Stars exceeds by 50% the rating shall be done according to higher Star and if the difference is less than 50% the rating shall be according to the lower Star. For example, in Men's Battery a candidate covers 800 meters run in 3.00 minutes, he will be rated according to two Star performance as he exceeds the difference of 30 seconds by more than 50%. Had he taken 3.10 minutes he would be rated according to one Star as the difference is less than 50%.

All the above tests will be conducted in one day.

(b) Aptitude Test and InterviewTotal Marks-100

Note :- (i) Minimum Pass Marks are 36% for general candidates and 33% for the candidates belonging SC/ST.

(ii) Marks allotted to each group are shown against each.

I- EDUCATION - 30 marksFor Civil Police

<u>VIII Class or Army I & II Class</u>	<u>X Class/ Army Special Class</u>	<u>Higher Secondary</u>	<u>B.A. or above</u>
12	18	24	30

AP/RAC

<u>IV Class or Army III Class</u>	<u>VIII Class or Army I & II Class</u>	<u>X Class or Army Special Class</u>	<u>Higher Secondary</u>	<u>B.A. or above</u>
12	15	18	24	30

Wireless

<u>VIII Class or Army I & II Class</u>	<u>X Class or Army Special Class</u>	<u>Higher Secondary with Sciences</u>	<u>B.Sc. & above</u>
12	18	24	30

II- YOUTHFULNESS - 20 marks

<u>(25-30yrs.)</u>	<u>(22-25yrs.)</u>	<u>(20-22yrs.)</u>	<u>(19-20yrs.)</u>	<u>(18-19yrs.)</u>
10 marks	14 marks	16 marks	18 marks	20 marks

For ex-army personnel who are eligible for recruitment and for other persons declared eligible who do not fall in the above category marks will be allotted as under :-

<u>30-35 years</u>	<u>35-40 years</u>	<u>40-50 years</u>
12 marks	10 marks	8 marks

III. PROFICIENCY IN GAMES AND SPORTS - 20 marks

<u>Inter-School</u>	<u>Distt. level in inter Distt. Tournament</u>	<u>Inter University</u>	<u>Junior level Inter-State</u>	<u>Senior level National and above</u>
8	12	14	16	20

IV. INTERVIEW & GENERAL KNOWLEDGE - 30 marks

The board will judge every candidate for the following:-

- a) Personality
- b) Address
- c) Conduct
- d) Aptitude
- e) Judgement
- f) Comprehension
- g) Oral Expression
- h) Temperament and response
- i) Social consciousness
- j) Knowledge of one of Rajasthani dialect
- k) General suitability for the job.

Such of the candidates who obtain 40% marks in the aggregate of Physical Efficiency Test and Interview (36% marks in case of candidates belonging to S/C and S/T) will be declared successful.

All the recruitment Boards are directed to comply with the above guidelines for the physical Efficiency and Aptitude/Interview tests of candidates in future.

These instructions supersede previous standing orders number 4/80 and 5/80 on the subject.



(P.C. Misra)
Director General of Police,
Rajasthan, JAIPUR.

Copy forwarded to the:-

- 1) .All Spl. Is. G. of Police, Rajasthan.
- 2) .All Dy. Is. G. of Police, Rajasthan.
- 3) .Director, Tele-Communication/FSL/RPA/Computer, Raj. Jaipur.
- 4) .Asstt. Is. G. of Police (I) & (II) and Traffic, Raj. Jaipur.
- 5) .All Supdts. of Police, Rajasthan, Jaipur.
- 6) .All Comdts. RAC Bns. including IR, MBC, PTS, Rajasthan.
- 7) .Principal, RPTC, Jodhpur.
- 8) .C.A.O PHQ Rajasthan, Jaipur.
- 9) .Supdt. of Police, Central Stores, Raj. Jaipur.
- 10) .All Zone Officers, CID SSB, Raj. Jaipur.
- 11) .Asstt. Director, Public Relations, PHQ, Jaipur.

for information and necessary compliance.



Director General of Police,
Rajasthan, JAIPUR.